

# September 2023

Cedarhurst Assisted Living

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>DIMENSIONS OF WELLNESS</b> Physical            Emotional Spiritual            Environmental Vocational            Social Intellectual            Purposeful	<b>MEETING PLACES</b> <i>DR</i> - Dining Room <i>4SR</i> - 4 Seasons Room <i>B</i> - Bus <i>MT</i> - Movie Theater <i>MT</i> - Movie Theater <i>4SR</i> - 4 Season Room <i>FS</i> - Four Season <i>BS</i> - Beauty Shop <i>FL</i> - Front Lobby <i>AR</i> - Activity Room				<b>1</b> 8:15 Daily Chronicle, <i>DR</i> 9:30 MOST Fitness, <i>4SR</i> 10:00 Baking With Brooke & Carrie, <i>4SR</i> 11:00 Magic Wand Restaurant Outing, <i>B</i> 6:00 Funny Friday, <i>DR</i>	<b>2</b> 8:00 Daily Chronicle, <i>DR</i> 10:00 Euchre, <i>4SR</i> 12:00 Puzzles & Word Games, <i>DR</i> 1:30 Movie Matinee: Ladies Choice, <i>MT</i> 6:00 Riddle Of The Day, <i>DR</i>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
8:00 Daily Chronicle, <i>DR</i> 11:00 Methodist Church Service, <i>MT</i> 12:00 Puzzles & Word Games, <i>DR</i> 2:00 Sundae Social, <i>4SR</i> 6:00 Today's Promise, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 10:00 MOST Fitness, <i>4SR</i> 10:30 Bingo, <i>FS</i> 2:00 Worship With Jon, <i>MT</i> 2:30 Finger Fashions, <i>BS</i> 6:00 Motivational Monday, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 10:00 Devotion With Madison, <i>MT</i> 10:30 Corn Hole, <i>4SR</i> 11:00 Trivia Tuesday, <i>4SR</i> 2:00 Drum Fit, <i>4SR</i> 3:30 Three Rivers Comfort Dogs, <i>FL</i> 6:00 Fun Facts, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 9:30 Prayer Gathering, <i>AR</i> 10:00 MOST Fitness, <i>4SR</i> 10:30 TRUE Neurobics, <i>4SR</i> 2:00 Music With Dale Vollenweider, <i>DR</i> 6:00 Puzzles & Word Games, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 10:00 Silver Sneakers Exercise Program, <i>4SR</i> 10:45 Boost Your Brain Smoothies, <i>4SR</i> 11:00 TRUE Neurobics, <i>4SR</i> 2:00 Fort Wayne Fashion Week, <i>DR</i> 6:00 Remember When, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 9:30 MOST Fitness, <i>4SR</i> 10:00 Baking With Brooke & Carrie, <i>4SR</i> 1:30 Sweet Monster Ice Cream Outing, <i>B</i> 6:00 Funny Friday, <i>DR</i>	8:00 Daily Chronicle, <i>DR</i> 10:00 Euchre, <i>4SR</i> 12:00 Puzzles & Word Games, <i>DR</i> 1:30 Movie Matinee: Men's Choice, <i>MT</i> 6:00 Riddle Of The Day, <i>DR</i>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
8:00 Daily Chronicle, <i>DR</i> 11:00 Methodist Church Service, <i>MT</i> 12:00 Puzzles & Word Games, <i>DR</i> 2:00 Sundae Social, <i>4SR</i> 6:00 Today's Promise, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 10:30 Corn Hole Tournament, <i>4SR</i> 2:00 Worship With Jon, <i>MT</i> 2:30 Finger Fashions, <i>BS</i> 6:00 Motivational Monday, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 10:00 Devotion With Madison, <i>MT</i> 11:00 Trivia Tuesday, <i>4SR</i> 2:00 Roaring 20's Speakeasy, <i>4SR</i> 3:00 Comfort Dog: Hunter, <i>4SR</i> 6:00 Fun Facts, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 9:30 Prayer Gathering, <i>AR</i> 10:00 MOST Fitness, <i>4SR</i> 10:30 TRUE Neurobics: The Price Is Right, <i>4SR</i> 2:00 Wild West Hoedown, <i>4SR</i> 6:00 Puzzles & Word Games, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 10:00 Silver Sneakers Exercise Program, <i>4SR</i> 10:45 Boost Your Brain Smoothies, <i>4SR</i> 11:00 TRUE Neurobics, <i>4SR</i> 2:00 Twist & Shout Sockhop, <i>4SR</i> 6:00 Remember When, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 9:30 MOST Fitness, <i>4SR</i> 10:00 DeBrand Fine Chocolates Outing, <i>B</i> 2:00 Our Legacy: Reminiscing & Award Ceremony, <i>4SR</i> 6:00 Funny Friday, <i>DR</i>	8:00 Daily Chronicle, <i>DR</i> 10:00 Euchre, <i>4SR</i> 12:00 Puzzles & Word Games, <i>DR</i> 1:30 Movie Matinee: Ladies Choice, <i>MT</i> 6:00 Riddle Of The Day, <i>DR</i>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
8:00 Daily Chronicle, <i>DR</i> 11:00 Methodist Church Service, <i>MT</i> 12:00 Puzzles & Word Games, <i>DR</i> 2:00 Sundae Social, <i>4SR</i> 6:00 Today's Promise, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 10:00 MOST Fitness, <i>4SR</i> 10:30 Bingo, <i>FS</i> 2:00 Worship With Jon, <i>MT</i> 2:30 Finger Fashions, <i>BS</i> 6:00 Motivational Monday, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 9:30 Bible Study W/ Rev. Jon, <i>MT</i> 10:30 Corn Hole, <i>4SR</i> 11:00 Trivia Tuesday, <i>4SR</i> 2:00 Drum Fit, <i>4SR</i> 3:30 Three Rivers Comfort Dogs, <i>FL</i> 6:00 Fun Facts, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 9:30 Prayer Gathering, <i>AR</i> 10:00 MOST Fitness, <i>4SR</i> 10:30 TRUE Neurobics, <i>4SR</i> 2:00 Music With Jeff Ude, <i>DR</i> 6:00 Puzzles & Word Games, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 10:00 Silver Sneakers Exercise Program, <i>4SR</i> 10:45 Boost Your Brain Smoothies, <i>4SR</i> 11:00 TRUE Neurobics, <i>4SR</i> 2:00 Crafter's Corner: Fall Decorating, <i>FS</i> 6:00 Remember When, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 9:30 MOST Fitness, <i>4SR</i> 10:00 Baking With Brooke & Carrie, <i>4SR</i> 2:00 National Ice Cream Cone Day, <i>DR</i> 6:00 Funny Friday, <i>DR</i>	8:00 Daily Chronicle, <i>DR</i> 10:00 Euchre, <i>4SR</i> 12:00 Puzzles & Word Games, <i>DR</i> 1:30 Movie Matinee: Men's Choice, <i>MT</i> 6:00 Riddle Of The Day, <i>DR</i>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
8:00 Daily Chronicle, <i>DR</i> 11:00 Methodist Church Service, <i>MT</i> 12:00 Puzzles & Word Games, <i>DR</i> 2:00 Sundae Social, <i>4SR</i> 6:00 Today's Promise, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 10:00 MOST Fitness, <i>4SR</i> 10:30 Bingo, <i>FS</i> 2:00 Worship With Jon, <i>MT</i> 2:30 Finger Fashions, <i>BS</i> 6:00 Motivational Monday, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 9:30 Bible Study W/ Rev. Jon, <i>MT</i> 10:30 Corn Hole, <i>4SR</i> 11:00 Trivia Tuesday, <i>4SR</i> 2:00 Dance Fit, <i>4SR</i> 3:00 Comfort Dog: Hunter, <i>4SR</i> 6:00 Fun Facts, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 9:30 Prayer Gathering, <i>AR</i> 10:00 MOST Fitness, <i>4SR</i> 10:30 TRUE Neurobics, <i>4SR</i> 12:00 Men's Lunch, <i>4SR</i> 2:00 Tastes Around The World, <i>4SR</i> 6:00 Puzzles & Word Games, <i>DR</i>	8:15 Daily Chronicle, <i>DR</i> 10:00 Silver Sneakers Exercise Program, <i>4SR</i> 10:45 Boost Your Brain Smoothies, <i>4SR</i> 11:00 TRUE Neurobics, <i>4SR</i> 2:00 Ice Cream Social, <i>DR</i> 6:00 Remember When, <i>DR</i>	8:00 Bob Evans Lunch Outing, <i>B</i> 8:15 Daily Chronicle, <i>DR</i> 9:30 MOST Fitness, <i>4SR</i> 10:00 National Coffee Day, <i>4SR</i> 2:00 Getting To Know You With Jade, <i>4SR</i> 6:00 Funny Friday, <i>DR</i>	8:00 Daily Chronicle, <i>DR</i> 10:00 Euchre, <i>4SR</i> 12:00 Puzzles & Word Games, <i>DR</i> 1:30 Movie Matinee: Ladies Choice, <i>MT</i> 6:00 Riddle Of The Day, <i>DR</i>